

## Description of flours under the



Range and the packet size(s)  
available on the  
market.

**Thunderbolt Bakers** and **Thunderbolt All Purpose Flour** are a special blend of Hard, Spring and Winter Wheats. Because they are strong flours, i.e. high in protein they can tolerate extreme conditions, mixing techniques and extended kneading. These type of flours are widely used in the Baking industry for production of Breads, rolls and pastries.

Package sizes -1kg, 2kg, 10kg, 22.5kg, and 45kg.

Also under the Thunderbolt range, is the **Thunderbolt High Gluten flour**. It is the same blend of Wheat types like the Thunderbolt Bakers Flour but with added Vital Wheat Gluten.

**Note:** the gluten "network" is what trap the gas to give bread its volume (or oven spring). Gluten is formed when the two types of protein –glutenin and gliadin (found mainly in wheat flour) are hydrated during mixing.

This flour is also used mainly in the Baking Industry for production of breads and rolls. Package size - 45kg

**Other types of flour produced at Namilco would include:**

- **Life/ Biscuit flour**  
This is used to make biscuit/cracker flour because it is a low strength flour, i.e. low in protein. It is also used in the Baking Industry.
- **Breading Flour** is used in the battering of fried chicken.



## About Our Company

National Milling Company of Guyana Inc. (NAMILCO) was established in 1969 as a wholly owned subsidiary of Seaboard Corporation, which is based in Kansas City, USA.

Over the years it has manufactured and sold flour to the Guyanese consumer as well as the overseas market. We produce one of the finest flours in the Caribbean including our range of "Maid Marian" specialty flours – Self Rising, Roti Mix, Harvest High Fibre, Wheat-up Breakfast Porridge, Pholourie Quickmix, Parsad Mix, Halwa (Sirnee) Mix, Toasted Wheat Germ, Creamed Wheat up, Multi Grain, Whole Wheat and Vanilla Cake Flour.

Namilco has, throughout its 50 years of operation in Guyana, brought flour to the homes of all Guyanese. The baking and pasta industries have blossomed as a result of working closely with our company. We, like all industries in Guyana, are faced with adversities but with the loyalty of our customers, dedicated staff and corporate responsibilities, we have and will continue to ensure total satisfaction to you our customers.

Namilco promotes sporting activities through sponsorship of football, cricket and cycling. Namilco also give generously to Charities and other organizations

Namilco is an ISO 9001 certified company.



National Milling Company of Guyana Inc.

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### Maid Marian Self-Rising Flour

Specially cut stream of Hard Spring and Winter Wheats. A strong flour designed to tolerate extreme aeration, mixing techniques and extended kneading, for the development of finer quality baked goods, including Sadha Roti and bakes. It contains the perfect amount of leavening agent.

Package size -1kg



### Maid Marian Roti Mix Flour

Specially cut stream of Hard and Winter Wheats. A medium strength flour to give a soft, fluffy "last all day" Roti, with the right amount of leavening agent. It's ideal for making Paratha roti and dhal puri.

Package size -1kg



### Maid Marian Pholourie Quick Mix

A special blend of wheat flour with ground peas and spices to provide you with an instant way to make one of Guyana's favourite, mouth-watering snacks. It could also be used as a batter for vegetables such as eggplant (byganie) and for coating your favourite snacks, e.g. potato balls, egg balls. Some persons also use to coat fish.

Package size -300 grams



### Maid Marian Parsad & Halwa (Sirnee) Mixes.

When you are hosting a special event, this perfect blend of flour, farina and aromatic spices including cardamom, makes the preparation of sweetmeats effortless. Both mixes are strictly vegetarian making them suitable for every religious function.

Package size -600 grams



### Maid Marian Cake Flour

A vanilla flavoured, short patent flour made from Hard Spring and Winter Wheats with the perfect amount of leavening agents. It is a very light, medium strength flour which makes it ideal for sponge cakes, donuts and swiss rolls.

Package size -454 grams (1 lb)



### Maid Marian Harvest High Fiber Whole Wheat Flour

Specially blended Hard, Spring and Winter Wheats with edible bran for healthy finished baked products. This high fiber product is especially good for diabetics, colon cancer prevention and general digestive regularity.

Package sizes-1kg, 45kg (Bakers quantity)



### Maid Marian Real Whole Wheat Flour

Made from all three parts of the kernel- the bran, germ and endosperm. This flour contains beneficial phytochemicals and antioxidants and is a good source of Fiber, B-Vitamins, Vitamin E, magnesium and Iron. It is also good for diabetics, colon cancer prevention and general digestive regularity. Package sizes -1kg, 45kg (Bakers quantity)

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### Maid Marian Multigrain Flour

This is an eight grain flour mix. The grains are: wheat, rye, corn, barley, oats, sesame, millet and flax. It is perfect for any recipe. Package sizes - 1kg, 10kg (Bakers quantity)



### Maid Marian Toasted Wheat Germ

Has a nutty, slightly sweet flavor and is considered one of the top healthiest foods to include in your diet. It can be used in so many ways! You can sprinkle over foods such as cereals, yogurt, salads, soups, vegetables and desserts and added to recipes such as breads, biscuits, pastries, crumbles etc. Package size - 330 grams



### Maid Marian Wheat-Up Breakfast Porridge Flour

Specially selected stream of farina. It contains edible wheat bran, for a hot, nutritious breakfast cereal. Top up with favourite fruits. Package size -0.5kg



### Maid Marian Creamed Wheat-Up

The perfect weaning food, this product is full of nutrients to ensure your baby's healthy development. Creamed Wheat-Up is a selected stream of farina which is heat treated, making it safe for infants and toddlers. Parents do not have to worry- the product is easily digestible and can be used in combination with baby formula. Creamed Wheat-Up is also a popular breakfast cereal for older children. Package size -400 grams